

## Fight the Virus: Pascha Edition



This worksheet will guide you throughout the days of Holy Pascha. On some days, there will be activities for you to complete and on others, there will be questions to answer as you pray while following along with the live stream.

### Preparing for Holy Pascha

- Complete the Great Lent Review worksheet
- Begin your journey through Holy Pascha by picking a spot for prayer
- Set up your prayer corner in a way that reminds you of Holy Week
  - If your family does not have Pascha icons, get creative by printing or drawing icons
  - <https://drive.google.com/file/d/1KrDMRKGRqys4wlOtdIE66K9f7eidid6P/view>
- Sit down and create a schedule for yourself that works with your new distance learning schedules
  - Set an appropriate time to pray
- During your prayer time, get your Pascha book and pray with Abouna as you would at church
- Stand before your prayer corner and pray to your God. Remember, God is not confined to the church building
  - “God, who made the world and everything in it, since He is Lord of heaven and earth, does not dwell in temples made with hands.” Acts 17:24
- Take turns with your family reading the expositions of each hour

### Lazarus Saturday

On this day, Jesus Christ raised Lazarus from the dead. Today, reflect on something you have been slacking with. What thing did you say did you want to change for Great Lent that you struggled to do?

The important habit, trait, or virtue I would like to “raise from the dead” for this week and for moving forward is:

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Example: Reading my Bible every night at the same time, praying the Agpeya

### Palm Sunday:

- Continue the tradition and **make palms**
  - If you are able, make an effort to get real palms. If you are not able to, get artistic
    - [https://illustratedmin.s3.amazonaws.com/weekly-resources/PalmColoring.pdf?fbclid=IwAR2yT610\\_JbSk6LNQ1zmWbf7etVr3RtoiR9GJWboIhMLgLaT8d-eIwkHYEY](https://illustratedmin.s3.amazonaws.com/weekly-resources/PalmColoring.pdf?fbclid=IwAR2yT610_JbSk6LNQ1zmWbf7etVr3RtoiR9GJWboIhMLgLaT8d-eIwkHYEY)
- Put clothing down in front of your prayer corner

- And a very great multitude spread their clothes on the road; others cut down branches from the trees and spread them on the road. Matthew 21: 8-11

What did you notice about the hymns for today's liturgy?

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How many stations were there during the procession?

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What does 'Hosanna' mean in Greek?

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*Fun fact: "Because of Christ's triumphant entry into Jerusalem as King on Palm Sunday, palm branches became a symbol of triumph among Copts. Therefore, in Coptic iconography palm branches are often placed into the hands of martyrs to denote their triumph."*

### **General Funeral**

- As the church changes the curtains to black, change your prayer corner to match the tone of the week
  - Use a black covering, set up a candle in front of an icon of Christ on the Cross

When do the deacons switch their stoles? Why do you think that is?

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### **Holy Monday**

On this day, Jesus Christ curses the fig tree for having leaves but no fruit.

What is something that you can "uproot" from your life for this week in hopes of growing fruit to present to Jesus Christ?

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*Example: extra phone usage, social media, television, desserts*

What theme is the church trying to emphasize today throughout all of the readings?

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What do you think King David is trying to say in the psalm that is read during the Eleventh Hour of Monday?

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### **Holy Tuesday**

After Christ comments on how the fig tree that He had cursed the day before had died, He began to teach in many parables.

Name the different parables that Jesus Christ used to teach on this day?

1. Parable of the virgins
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_

Why do you think the Lord uses parables to teach us? What is He (and the church) emphasizing in today's readings?

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For today's activity, you will be conducting an experiment to answer the question "does the color of a candle affect its burn rate?"

- o <https://candles.lovetoknow.com/about-candles/colored-candle-experiment>

Which candle lasted longer?

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Can you find meaning in this? How does this relate to the parable of the virgins?

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### **Holy Wednesday**

Mary served her Lord in a beautiful way on this day. What did she do?

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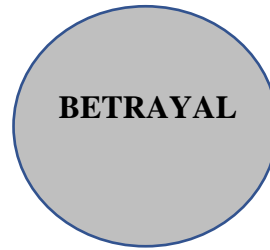
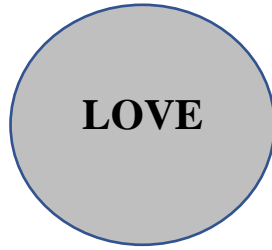
What do you think Jesus felt knowing His disciple agreed to betray him in exchange for money?

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In what ways do we betray Christ daily?

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**ACTIVITY:** Go and find a dollar coin. If no one in your house has one, a quarter will work just fine. Find a sharpie. On one side of the coin I want you to write the word "LOVE" and on the other side of the coin, write "Betrayal". Keep this coin in your pocket for the rest of Holy week and maybe longer. Whenever you have to make a decision, pull out this coin and make a decision on which side you want to be on. Do you want to use the gift of God's Love to love Him back, or not



### **Covenant Thursday**

Two readings are not read during Covenant Thursday liturgy of the Word. What are they?

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What is your favorite part of liturgy?

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What are you doing to prepare to partake of the Holy Mysteries when the church reopens?

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What part of the qorban symbolizes Jesus Christ?

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*Called "Despatikon" meaning "Lordly"*

How many crosses are there on the qorban? What do they represent?

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How many holes are there on the qorban? What do they represent?

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What words are stamped onto the qorban?

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ACTIVITY: Use today to do an act of service in humility.

### **Good Friday**

While on the cross, Jesus Christ spoke; what are some phrases He said?

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What did the righteous thief say? What can we learn from the righteous thief?

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What was Christ's response to St. Dimas? How do you think he felt hearing Him say that?

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What do you think it must have been like for St. Mary to watch her Son endure the pain of today?

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What about for St. Peter as he remembered that he had just denied his Lord three times?

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### **Bright Saturday**

Why is this night called 'Bright Saturday' or 'Joyus Saturday'?

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When does the church change the curtains to white? What does this represent?

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Why do we read the entire book of Revelation during Bright Saturday?

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How many lampstands are lit during the reading of revelation?

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What do the lampstands represent?

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